



Pre-Surgical instructions

You have been scheduled for a surgical procedure. Please familiarize yourself with the following instructions before your appointment to make your procedure more comfortable and successful.

1. Plan on driving yourself home unless you have chosen a sedation option. *Oral sedation*-please arrive 1 hour prior to your appointment. *IV Sedation*-please arrive 30 minutes prior to your appointment and see the IV Sedation sheet for further instructions. A responsible driver is required to drive you both to and from your appointment if you have chosen these options. They do not have to stay for the duration of the appointment, however we do require a contact number while they are away. Please arrange for childcare of young children and to have someone stay with you if possible for a short time after the procedure.
2. Plan on taking the remainder of the day off work. You should be able to return the following day. We acknowledge that every patient is different so please plan accordingly. If you require a work/school letter please inform the office staff prior to your surgical appointment.
3. If you have a bite splint or other type of dental appliance please bring it with you to your appointment. Slight adjustments may need to be made to the appliance.
4. The surgery appointment may last from 1 to 3 (+) hours depending on how many areas of the mouth are being treated. You will be given time to sit up or walk if needed.
5. A local anesthetic will be used and non-dissolvable sutures will be placed. The sutures will be removed approximately 2 weeks after the surgery. These sutures may start to come out over the 2 week healing time, this is completely normal.
6. Prescriptions may be called in for you prior to your appointment. You will be contacted prior to the appointment to go over these and discuss any questions you may have. Please be sure to update your medical history and check your contact information with the front office staff.
7. Please be sure to have soft foods available for after your procedure. Nothing hard or crunchy, or with small seeds will be recommended. Examples are: yogurt, mashed potatoes, soups, soft cooked chicken, cooked vegetables, oatmeal.
8. You are always welcome to bring along sunglasses or music to make your experience more comfortable.